



INNER TRADITIONS  
BEAR & COMPANY



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February/March 2011 | FREE

## **For Seven Lifetimes: An East-West Journey to a Spiritually Fulfilling and Sustainable Marriage**

**Vatsala and Ehud Sperling**

A successful American businessman, disheartened by a bad marriage and weary of dating, advertised for a wife in an Indian newspaper. The precursor of online dating, this is still a standard way to meet a spouse in India, though any woman who responds to such an ad directly (not through a male relative) is often disdained. The book's co-author was already perhaps too modern for many Indian men—educated and with a career in microbiology—but over a period of time, the two poured out their deepest feelings about sexuality, parenthood, religion and all else you can imagine, slowly building a relationship—through letters—on their shared values. Fifteen years later, married and with a son, they share this intimate and inspiring glimpse into the unconventional birth of their union. (Inner Traditions)

